



Les Nuits Blanches
Pathologies du sommeil
SAINT PETERSBOURG 2019

PROGRAM OF THE CONGRESS

Wednesday June, 19

18h00 Welcome speech
Cocktail

Thursday June, 20

Symposium Clinical update Central Sleep Apnoea

- 09h00 **Interim results of FACE cohort study**
Pr R. Tamisier
- 09h30 **Health consequences of untreated central Sleep Apnoea**
Pr W. Randerath
- 10h00 **Update in management of central sleep Apnoea**
Pr JC. Meurice

Questions

Symposium Obesity-related hypoventilation

- 10h30 **Clinical presentations of obesity-related hypoventilation**
Pr W. Randerath
- 11h00 **Management of patients with obesity-related hypoventilation and OSA**
Dr N. Koucherenko

Questions

Coffee break

Symposium Management of sleep disorders breathing in chronic respiratory diseases

- 11h15 **Respiratory management in ALS**
Pr C. Morelot-Panzini
- 11h45 **Sleep disorders breathing in COPD under NIV: importance of the phenotype**
Pr JP. Janssens
- 12h15 **Pros and cons debate: NIV/CPAP in OHS**
C. Rabec / JC. Meurice

Questions

Lunch

Symposium Sleep disorders breathing

- 14h00 **OSA with a pneumological profile**
Dr O. Titova
- 14h30 **Overlap syndrome update**
Dr C. Rabec
- 15h00 **Sleep disorders breathing in patients with heart failure, new insights and perspective**
Dr Y. Sviriyev

Symposium Excessive sleepiness

- 15h30 **Drowsiness and accidentology**
Dr A. Metlaine
- Coffee break**
- 16h15 **Workshop: interpreting polysomnography and polygraphy in adults**

Friday June, 21

Symposium Basic Sleep Research and narcolepsy

08h30 **Update in Basic Sleep Research**
P.H. Luppi

09h00 **Genetics of narcolepsy**
M. Tafti

Questions

Symposium Sleep Disorders, Neurology and Cognition

09h30 **The Sleep and neuroplasticity in stroke recovery**
C. Bassetti

10h00 **Sleep Apnoea Syndrome and Cognition: HypnoLaus study**
Dr J. Haba Rubio

Questions

Coffee break

10h40 **Indications of melatonin in neurological diseases?**
MF Vecchierini

11h10 **Neurophysiological Basics and Clinical Applications of Neurofeedback**
Dr JA. Micoulaud/Dr S. Bioulac

Symposium Metabolic, cardiovascular disorders and OSA

11h50 **OSA, metabolic disorders and non-alcoholic fatty liver diseases (NAFLD)**
Pr F. Gagnadoux

12h20 **Does desynchronization have a role in the occurrence of a metabolic syndrome**
Dr O. Tikhomirova

12h40 **Diabetes type 1 et OSA**
Dr V. Viot-Blanc

Lunch

Ventilation workshop

14h30 **Servo-assisted ventilation, indications, settings and clinical cases**
C. Philippe

15h00 **Managing patient-ventilator asynchrony in NIV: does it add value?**
Dr K. Atroun

15h30 **Follow-up of patients under CPAP**
Dr Turki

16H00 **Obesity related hypoventilation: NIV/CPAP clinical cases**
Dr Meksen

Coffee break

16h45 **Overview of different type of masks, setting and initiate continuous positive airway pressure**

Saturday June, 22

Symposium Overview ENT and OSA

08h45 **Therapeutic tripod in OSA**
Dr P.J. Monteyrol

09h15 **Management of OSA by targeted stimulation of the Hypoglossal nerve**
Pr MC. Ouayoun

09h45 **Genioglossus control in Health and OSA**
Dr V. Koka

Questions

Symposium Parasomnias and Behavioural sleep disorders

10h05 **Sleep and violence**
Pr C. Bassetti

10h35 **Parasomnias in adults: when to practice a video polysomnography**
Dr A. Brion

Questions

Coffee break

Symposium Insomnia, new technologies and psychiatry

11h15 **Insomnia treatments by TCCi: place and efficacy for online digital therapies?**
Dr S. Royant-Parola

11h45 **Neurotic diseases and sleep disorders**
Dr T. Karavaieva

Symposium Congenital central hypoventilation of the child

12h15 **Ondine syndrome, update in Russia**
Dr N. Petrova

Lunch

14h00 **Round table meeting with experts**

15h00 **Summary and closing**

20h00 **Gala dinner**